

Parent Pack ogs

www.covevalleycamp.com

(717)328-3055

program@covevalleycamp.com

Our Purpose

To provide a place and the opportunity for Christian teaching and fellowship along with wholesome and guided recreation in a Christ-like atmosphere. The goal and purpose of our youth camps is to bring young people to the saving knowledge of the Lord Jesus Christ and to provide exciting, challenging activities which will promote and nourish spiritual growth.

Bring to Camper Drop-Off!

Please send in all payments 2 weeks prior to the start of your week of camp.

If you Registered by Mail...

- ☐ Completed confirmation form
 - ☐ Make sure that all info is correct. If you find an error, please contact us ASAP.
 - ☐ Fill in Trading Post and Group Photo money.
- ☐ Camper Release Form
- ☐ Health History and Authorization Form
 - ☐ Bring all medications to the nurse at registration!
 - ☐ Mark all medications clearly on the Health Form.

If you Registered Online...

- * All other paperwork was completed online.

Packing List for Wilderness Hawks

- Bible and notebook
- Change of clothes for each day
- Hiking boots (broken in)
- Sneakers
- Water shoes
- Rain jacket/ Poncho
- Long sleeve shirt/ hoodie/ jacket
- wool socks (for hiking)
- Sleepwear
- Quick Drying Pants
- Sleeping bag, Sleeping Pad & Pillow
- · Soap, shampoo, towels, washcloths
- Toothbrush/toothpaste
- Swim suit
- Water bottle

- Bottle of Hand Sanitizer
- Tent
- Backpack
- Insect Repellent & Sunscreen
- Flashlight
- Mess Kit (in mesh bag to help dry)
 - Includes, Plate, Bowl, Knife, Fork, Spoon, and Cup
 - On **Amazon**, search for, "GSI Outdoors Cascadian 1 Person Table Set". The average cost for a table set is \$18 and there are many different color options to choose from.

What not to Bring

- 1. Electronic gadgets (i.e. Game Consoles, MP3 Player, Tablets, Cell Phones, etc.)
- 2. Snacks
- 3. Fireworks
- 4. Pocket knives
- 5. Alcohol, tobacco, cigarettes, drugs, etc.
- 6. Loose Money (All cash is to be put in your Trading Post Account at registration.)



Drop Off & Dismissal

Eagles

Arrival
June 8, 4 pm
Dismissal
June 13, 4 pm

Goldfinches

Arrival - June 16-18 Everyday, 9 am Dismissal June 16-17, 4 pm June 18, 3 pm

Jenny Wrens

Arrival
June 18, 4 pm
Dismissal
June 20, 4 pm

June-July 2025

Sun	Mon	Tue	Wed	Thur	Fri	Sat
8	9	10	11	12	13	14
Eagles						
15	16	17	18	19	20	21
	Wilderness Hawks - Ospreys					
	Gol	dfinches	Jer	ny Wren	IS	
22	23	24	25	26	27	28
	Wilderness Hawks - Red Tails]
Cricketeers						
29	30	1	2	3	4	5
	Blue Jays					
6	7	8	9	10	11	12
		Cardinals				
13	14	15	16	17	18	19
Hummingbirds						
20	21	22	23	24	25	26
		Night Owls				

Cricketeers

Arrival
June 22, 4 pm
Dismissal
June 27, 4 pm

Blue Jays

Arrival
June 29, 4 pm
Dismissal
July 4, 4 pm

Cardinals

Arrival July 6, 4 pm Dismissal July 11, 4 pm

Hummingbirds

Arrival July 13, 4 pm Dismissal July 17, 4 pm

Night Owls

Arrival
July 21, 7 pm
Dismissal
July 24, 7 pm

WH Ospreys

Arrival
June 15, 4 pm
Dismissal
June 20, 4 pm

WH Red Tails

Arrival
June 22, 4 pm
Dismissal
June 27, 4 pm

Phone Calls, Visits, & Leaving Camp

- These distract from the total camp experience.
- Campers are not permitted to make or receive phone calls.
- You may talk to the office about your camper's progress.
- No cell phones are permitted.
- If the camper must leave:
- 1. Turn in a note during registration time.
- 2. When you arrive, stop at the office to talk to the Program Director or Program Assistant.
- 3. You must sign out at the office.

Money, Food, & Medications

- All **Medications** are to be turned into the camp nurse during registration.
- All meals will be provided by Cove Valley Camp Goldfinches are provided with lunch only.
- Any **special dietary needs?** Please notify the camp **2 weeks** before arrival. Leave snacks and drinks at home unless you have already disscused your specific dietary needs with the Food Service Director.
- All **camper money** will be put into their **Trading Post Account** during registration.
- Our **Trading Post** is where snacks, drinks, clothing, and other items may be purchased. Items are paid for out of an account that is set up by parents during registration.
- *Please note: If your camper would like to buy a shirt, sweatshirt, or hat, their price is \$10-\$30. Please place enough money in their account. The Trading Post will also be open during camper pick-up.

Dress Code

Please dress modestly at all times in comfortable and casual clothes.

All Campers

- Dresses and tops must have at least 1 1/2" wide shoulder straps. Tops must cover chest and midriff.
- Shorts must be fingertip length/loose fitting. No Yoga Pants/Leggings.
- Modest/conservative swimsuits only. (Tankinis are permissible.)
- Pants/shorts must be kept up around the waist, with no underwear showing.

At the Pool

Girls - Swimsuits must be modest & not showing midriff or chest.

Guys - Must have swimming trunks.



Two ways to send a letter to your camper:

- 1. **Snail Mail -** make sure that their name is on the outside of the envelope.
- 2. One-way Email No fee this summer!
 - Camper email address: campers@covevalleycamp.com.
 - You may share the email address with friends and family.
 - Subject line MUST be: child's first name then last name ONLY.
 - Emails are printed and delivered daily, usually at lunch.



Trading Post

Our store where you can buy snacks, drinks, souvenirs, and more! At registration or before, you are able to put money into your child's "Trading Post Account". Each day, the campers will be able to go into the store and buy snacks & drinks at the allotted time(s). At least once during the week, they will have the opportunity to purchase other items! Money must be in their account in order to purchase things!

We have t-shirts, hoodies, postcards, toys, jewelry, hats, and many other souvenirs all ranging in price. Apparel usually ranges between \$10-\$30. The Trading Post will also be open during registration and during departure if you would like to purchase an item before or after camp begins.

* We have had to increase the cost of food in the Trading Post \$.25 - \$.50 a piece.*

Trading Post Mission Project

At the end of each week, campers have the option to donate their unused Trading Post funds to our designated missions project. This summer's donations will be going to assist the Puckett Family. Four of the children have been campers here at Cove Valley Camp. They are currently serving in Southeast Asia as missionaries with Eastern Mennonite Missions. Below is a note from the Puckett family.

"We are the Puckett family and we served in Indonesia for 7 years but we have recently transitioned to Cambodia. Our first term is focused on language learning and we have just completed a 5 month language intensive program with YWAM and it's been so exciting to be able to do songs, games and share Bible stories with the kids in the surrounding villages. Our 2 oldest girls completed the school with us as well and it is encouraging to see them making Khmer friends and using their language to communicate and play games! We are now moving into a remote village where our teammates live and will be continuing with language study and immersion. Our desire is to share the gospel to unreached areas and to see the Cambodian church grow."

Online Photo Gallery

During registration there will be an email address list for you to confirm that we have the correct email address for you on file.

Within the first full day of your child's camp, we will send you an <u>email that will include a link</u> for Smugmug, the site where you will find the photos. Once into Smugmug, you will again have the option of viewing and downloading the photos.

If you do not receive the email within the first two days of camp, please email us at: programassistant@covevalleycamp.com

Lost and Found

Please clearly mark all clothing & personal items so that found items can be returned to you at camp. We encourage you to label all belongings! If you would like to buy labels, Mabel's Labels is a great site where you can order your labels for camp this summer!

Go to <u>camps.mabelslabels.com</u> and select **Cove Valley Christian Youth Camp** in the dropdown box. A portion of your purchase goes to support the camp.

Group Picture

An 8x10 photo of the entire group with the camp logo, week, and dates printed on the picture.

The cost is \$5. If you purchase a group picture they will be sent home with your child at the end of the week. The group picture will also be available to download for free.

Something to Avoid

If this is your child's first trip away from home or you know your child may get homesick, please follow these guidelines:

- 1. Do not mention the word "HOMESICK" in front of your child.
- 2. Instead of reminding the camper of home, talk about all the fun they'll have at camp. In letters and emails, ask about what the camper is most excited about, what they've had the most fun with so far, and other things to keep them focused on being here. Unfortunately, saying things like "We will miss you", "I am only a phone call away", and "If you want to come home, have them give me a call" tends to make the camper focus on home and makes home-sickness much worse.
- 3. Set your child up for success. Present going away to camp in a positive way (i.e. talking about all the fun they'll have, the memories they'll make, asking what they're looking forward to, etc.).
- 4. We will encourage each camper to make it through the week.

For more information on homesickness please visit: http://www.acacamps.org and search "Homesickness".



Dear Parent,

Thank you for choosing to send your child to Cove Valley Camp. We want to make their experience here the best that it can be. Often parents ask me what they can expect for their children to experience here at camp.

At Cove Valley Camp, your child will...

- 1. Interact with staff that love Jesus and have a heart for serving children and youth. We are here as staff for the campers!
- 2. Hear the good news of the Gospel. Our goal is to see all campers come to accept Jesus as their Savior and grow in their relationship with Him. The Gospel is presented and modeled to the campers, but it is not forced on them. We trust that the Holy Spirit is working here in each camper and staff members' heart.
- 3. Be unplugged! Each week of camp is a great way for your child to get away from technology (tv, tablets, cell phones, etc.) and decompress. Being unplugged will help them to focus on the wonder of Creation and the relationships around them.
- 4. Come into contact with campers that are working through some home/personal issues. We do our best to create a positive environment for growth.
- 5. Not have a "perfect" week. Expect that there will be some challenging situations for your child to learn and grow from. Campers do not always get along with others or connect immediately with staff members. Spending a week together is always a great opportunity for the love and grace of Jesus to shine through in possibly challenging situations.
- 6. Be loved, cared for, and given every opportunity to have a great experience!

Again, thank you for choosing Cove Valley Camp and entrusting us with your child. This is an honor and a privilege. See you this summer!

Phone: (717)328-3055

Eric Roth

Program Director

program@covevalleycamp.com

in Put