

Parent Pack

www.covevalleycamp.com

(717)328-3055

program@covevalleycamp.com

Our Purpose

To provide a place and the opportunity for Christian teaching and fellowship along with wholesome and guided recreation in a Christ-like atmosphere. The goal and purpose of our youth camps is to bring young people to the saving knowledge of the Lord Jesus Christ and to provide exciting, challenging activities which will promote and nourish spiritual growth.

Bring to Camper Drop-Off!

Please send in all payments 2 weeks prior to the start of your week of camp.

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- ☐ Completed confirmation form
 - ☐ Make sure that all info is correct. If you find an error, please contact us ASAP.
 - ☐ Fill in Trading Post and Group Photo money.
- ☐ Camper Release Form
- ☐ Health History and Authorization Form
 - ☐ Bring all medications to the nurse at registration!
 - ☐ Mark all medications clearly on the Health Form.
- ☐ Covid Release Form Signed and dated.

If you Registered Online...

- ☐ Covid Release Form Signed and dated.



What to Bring for Camp

All Campers

- Bible and notebook
- Backpack
- Clothes you are willing to get dirty
- Jacket or sweater
- Closed toed shoes for creek walk/water games, i.e. crocs or water shoes.
- 2 pairs of Sneakers
- Sunscreen
- Swimsuit/Trunks (no bikinis or cutoffs)
- Swim towel
- Insect Repellent
- Water Bottle
- Bottle of Hand Sanitizer

Overnight Campers

- Flashlights
- One pair of long pants (at least)
- Pillow and sleeping bag/bed roll
- Soap, shampoo, towels, washcloths
- Toothbrush/toothpaste

Goldfinches

Bring at least the items on the list that are enclosed in the box; however, an extra pair of clothes is also highly recommended.

What not to Bring

- 1. Electronic gadgets (i.e. Game Consoles, MP3 Player, Tablets, Cell Phones, etc.)
- 2. Snacks
- 3. Fireworks
- 4. Pocket knives
- 5. Alcohol, tobacco, cigarettes, drugs, etc.
- 6. Loose Money (All cash is to be put in your Trading Post Account at registration.)



Phone Calls, Visits & Leaving Camp

- These distract from the total camp experience.
- Campers are not permitted to make or receive phone calls.
- You may talk to the office about your camper's progress.
- No cell phones are permitted.
- If the camper must leave:
- 1. Turn in a note during registration time.
- 2. When you arrive, stop at the office to talk to the Program Director or Program Assistant.
- 3. You must sign out at the office.

Money, Food & Medications

- All **Medications** are to be turned into the camp nurse during registration.
- All meals will be provided by Cove Valley Camp Goldfinches are provided with lunch only.
- Any **special dietary needs?** Please notify the camp 2 weeks before arrival. Leave snacks and drinks at home unless you have already disscused your specific dietary needs with the Food Service Director.
- All **camper money** will be put into their **Trading Post Account** during registration.
- Our **Trading Post** is where snacks, drinks, clothing, and other items may be purchased. Items are paid for out of an account that is set up by parents during registration.
- *Please note: If your camper would like to buy a shirt, sweatshirt, or hat, their price is \$10-\$30. Please place enough cash in their account. The Trading Post will also be open during camper pick-up.

Dress Code

Please dress modestly at all times in comfortable and casual clothes.

All Campers

- Dresses and tops must have at least 1 1/2" wide shoulder strap and tops must be long enough to cover the waist.
- Shorts must be modest/loose fitting. No Yoga Pants/Leggings.
- Modest/conservative swimsuits only. (Tankinis are permissible.)
- Pants/shorts must be kept up around the waist, with no underwear showing.

At the Pool

Girls - Swimsuits must be modest & not showing midrifts or chest.

Guys - Must have swimming trunks.

Mail

Two ways to send a letter to your camper:

- 1. **Snail Mail -** make sure that their name is on the outside of the envelope.
- 2. One-way Email \$1 for the week
 - Camper email address: campers@covevalleycamp.com.
 - You may share the email address with friends and family.
 - Subject line MUST be: child's first name then last name ONLY.
 - Emails are printed and delivered daily, usually at lunch.



Trading Post

Our store where you can buy snacks, drinks, souvenirs, and more! At registration or before, you are able to put money into your child's "Trading Post Account". Each day, the campers will be able to go into the store and buy snacks & drinks at the allotted time(s). At least once during the week, they will have the opportunity to purchase other items! Money must be in their account in order to purchase things!

We have t-shirts, hoodies, postcards, toys, jewelry, hats, and many other souvenirs all ranging in price. Apparel usually ranges between \$10-\$30. The Trading Post will also be open during registration and during departure if you would like to purchase an item before or after camp begins.



Trading Post Mission Project

Each summer, we choose a mission project as an option for the campers to donate toward, by using the remainder of their Trading Post account at the end of each week. This year, all of the donations will be going to assist Pregnancy Ministries (PMI). They have locations in Chambersburg, Shippensburg, Greencastle, and Waynesboro, PA. PMI's mission is to "uphold the sanctity of human life by providing Christ-centered assistance in pregnancy and related areas."

All of the donated funds from the Trading Post will be going to support Material Needs of families. The money will be used to purchase needed things such as, bottle, teethers, new bottle nipples, bibs, maternity clothes and much more. The Trading Post Mission Project is a way for us to be a blessing to others in our local Franklin County Community.

Online Photo Gallery

During registration we will have an email address list for you to check and make sure we have the correct email address for you on file.

Within the first full day of your child's camp, we will send you an <a href="mailto:em

If you do not receive the email within the first two days of camp, please email us at: programassistant@covevalleycamp.com

Group Picture

An 8x10 photo of the entire group with the camp logo, week, and dates printed on the picture.

The cost is \$5. If you purchase a group picture they will be sent home with your child at the end of the week. The group picture will also be available to download for free.

Lost and Found

Please clearly mark all clothing & personal items so that found items can be returned to you at camp. We encourage you to label all belongings! If you would like to buy labels, Mabel's Labels is a great site where you can order your labels for camp this summer!

Go to <u>camps.mabelslabels.com</u> and select **Cove Valley Christian Youth Camp** in the dropdown box. A portion of your purchase goes to support the camp.

Facebook Group

Join our Facebook Group, "Cove Valley Camp Parents". We have created a group just for you, the parents. This group is a place where you can post any comments or questions about summer camp. In this group we will also post relevant summer camp info and updates. To join the group, go to our Facebook page and request to join the group at the top of the page.

Something to Avoid

If this is your child's first trip away from home or you know your child may get homesick, please follow these guidelines:

- 1. Do not mention the word "HOMESICK" in front of your child.
- 2. Instead of reminding the camper of home, talk about all the fun they'll have at camp. In letters and emails, ask about what the camper is most excited about, what they've had the most fun with so far, and other things to keep them focused on being here. Unfortunately, saying things like "We will miss you.", "I am only a phone call away.", and "If you want to come home, have them give me a call." tends to make the camper focus on home and makes homesickness much worse.
- 3. Set your child up for success. Present going away to camp in a positive way (i.e. talking about all the fun they'll have, the memories they'll make, asking what they're looking forward to, etc.).
- 4. We will encourage each camper to make it through the week.

For more information on homesickness please visit: http://www.acacamps.org and search "Homesickness".



Camper Release Form 5357 Little Cove Road, Mercersburg, PA 17236

5357 Little Cove Road, Mercersburg, PA 17236 Phone: (717) 328-3055 Fax: (717) 328-2350 program@covevalleycamp.com www.covevalleycamp.com

Camper	Printed Name Parents/Gu	Parents/Guardian Printed Name Date						
Departure Release - Over Night Camps								
Camper v	vill be picked up by:	Relation:						
Parent/Guardian Signature:								
	g early: Reason: Parent/Guardian Initials:							
Departure Release - Goldfinches Day Camp								
	Will be picked up by:	\top	Signature at departure:					
Mon:								
Tues:		\bot						
Wed:								
	Photo and V	<u>/ide</u>	o Release					
videos of t such pictu	he camps and campers, and I hereby agre	e that (o, Inc. reserves the right to take pictures and/or to Cove Valley Christian Youth Camp, Inc. may use for promotional and/or commercial purpose in					
At the end of each week of camp we give each camper a list of the campers that were at their week of camp with them. The list includes your child's photo, name and address. Would you like your child to be on this list? \square Yes \square No								
	ardian Signature: is under 18)							



2022 Summer Camp Covid-19 Procedures & Release Form

5357 Little Cove Road, Mercersburg, PA 17236 Phone: (717) 328-3055 Fax: (717) 328-2350

* Please bring this completed form with you to registration.

Camp Details

- Wearing a mask is optional.
- Handwashing will be observed before every meal.
- Hand Sanitizer will be available at multiple locations throughout camp.
- Campers are encouraged to bring a personal bottle of hand sanitizer.

Health

- Before the camp week starts, if any staff or camper has a fever, persistent cough, or other Covid-19 symptoms, they will need to stay home.

____, certify that I have read & will abide by the Summer Camp Covid-19 Procedures.

- During a camp week, if any staff or camper has a fever, persistent cough, or other Covid-19 symptoms, they will be immediately separated from the group and sent home.
- If a camper or staff member at camp is sent home sick, the entire cabin or week of camp may possibly be sent home.

Camper Release Statement	
1. I recognize and acknowledge that COVID-10 is a part of life at this time and that I/my	

1. I recognize and acknowledge that COVID-19 is a part of life at this time and that I/my child will be interacting with many people at Cove Valley Christian Youth Camp. I further agree to indemnify and hold harmless Cove Valley Christian Youth Camp from any claims related to the spread of any infectious diseases including but not limited to COVID-19, I/my child may receive or carry to another individual at Cove Valley Christian Youth Camp as a result of attending Cove Valley Christian Youth Camp's programs and as such I assume all risk associated with these activities.

COVID-19, I/my child may r Youth Camp as a result of	a of any infectious diseases including but receive or carry to another individual at Co attending Cove Valley Christian Youth Can ssociated with these activities.	ve Valley	Christian
2. I certify that in the last 5 days :			
	_ has not had a fever, persistent cough or	any	
	other COVID-19 symptoms.		
	I has had any of these symptoms.		
-	edges, I or my child have not been in conta	act with ar	nyone
who has had these s	symptoms.		
Camper Parent/Guardian's Printe	ed Name:		
Camper Parent/Guardian's Signe	d Name:	_ Date:	_//_